

## FROM THE GRIDDLE

<b>WAFFLE</b> <i>milk jam, berry compote, strawberries, almonds, maple syrup upon request</i>	16
<b>MORNING PANCAKE</b> <i>orange honey butter, maple syrup</i>	14
<b>FRENCH TOAST</b> <i>brioche, mango passion fruit compote, whipped Vermont butter, maple syrup</i>	15
<b>DONUT HOLES</b> <i>brioche donut (2), cinnamon, sugar coated</i>	11

## FARM—FRESH EGGS

The following dishes are served with a side of toast and your choice of citrus yogurt or roasted potatoes

<b>CRAB BENEDICT</b> <i>(2) English muffin, poached egg, house made crab cakes, hollandaise sauce, fennel pollen</i>	21
<b>CLASSIC EGGS BENEDICT</b> <i>(2) English muffin, poached egg, Canadian bacon, hollandaise sauce</i>	19
<b>2 EGGS ANY STYLE</b> <i>house made ketchup, choice of meat &amp; toast</i>	16
<b>LOBSTER OMELET</b> <i>lobster, spinach, bell pepper, mascarpone, chives</i>	21
<b>FARM OMELET</b> <i>sausage, onion, mushroom, gruyere, asparagus</i>	18
<b>GARDEN OMELET</b> <i>goat cheese, asparagus, spinach, tomato</i>	18
<b>OC WET BURRITO</b> <i>scrambled egg whites and seasonal vegetables wrapped in a whole wheat tortilla, topped with tomatillo salsa, avocado &amp; sour cream</i>	18

## LIGHT & HEALTHY

<b>FITNESS FRITTATA</b> <i>egg whites, mozzarella, organic tomato, mushroom, asparagus, spinach, pesto &amp; a side of citrus yogurt</i>	18
<b>PROTEIN BOWL</b> <i>bananas, blackberries, almond butter, toasted almonds, almond milk, coco nibs &amp; hemp seeds</i>	16
<b>OATMEAL BRULEE</b> <i>dried fruits &amp; nuts, sugar brulee add fresh fruit 14</i>	12
<b>BAGEL &amp; LOX</b> <i>cream cheese, red onion, capers, lemon</i>	17
<b>EGG IN A BASKET</b> <i>cream cheese, avocado half, sliced heirloom tomato, poached egg inside an English muffin</i>	16
<b>BONZAI BOWL</b> <i>acai yogurt, tropical fruits, house made granola, toasted coconut, pistachio</i>	16

## BLENDED DRINKS

<b>POWER SMOOTHIE</b> <i>banana, blueberry, almond milk, protein powder regular 8 / kids 5</i>
<b>AVOCADO SMOOTHIE</b> <i>avocado, cheramoya, cucumber, orange, soy milk, coco nibs regular 8 / kids 5</i>
<b>GREEN ANITOXIDANT</b> <i>kale, pineapple, celery, parsley, blueberry regular 8 / kids 5</i>

## JUICES

<b>FRESHLY SQUEEZED</b> 6.5 each <i>orange, grapefruit, carrot</i>
<b>FROM THE MARKET</b> 5 each <i>pineapple, V8, apple</i>

## BEVERAGES

<i>espresso 5.5 · cappuccino 5.5 coffee 5 · tea 5 · milk 4 hot chocolate 5</i>
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## SIDES

<b>CHICKEN SAUSAGE</b> 6
<b>CEREAL &amp; MILK</b> 9
<b>APPLEWOOD SMOKED BACON</b> 6
<b>TURKEY BACON</b> 6
<b>ROASTED POTATOES</b> 4
<b>TOAST, JAM &amp; BUTTER</b> 4
<b>BAGEL &amp; CREAM CHEESE</b> 6
<b>BERRIES</b> 9