

THE SPA AT BACARA



SKINCARE

THE COLLECTION FACIAL BY ESPA

80/50 Minutes

\$250/\$185

Discover the deeply cleansing, skin-boosting powers of this revolutionary, all-natural facial tailored exactly to your unique needs. Highly-personalized, an in-depth consultation and SkinVision™ technology takes skin assessment to the next level—identifying key skin concerns unseen to the naked eye. Tailored product selection and advanced techniques allow potent formulas packed with Tri-Active™ extracts to work synergistically—visibly increasing radiance, balancing and hydrating—for a radically enhanced complexion with expert after-care guidance.

OPTIMAL SKIN PROFACIAL BY ESPA

80/50 Minutes

\$260/\$190

Rapidly transform the visible health of your skin with this innovative treatment. Blending the latest facial expertise and skincare knowhow with powerful formulas, an advanced triple cleanse intensely purifies and preps skin, before nutrient-rich formulas activate to refine, quench and revitalize. Problem areas are rehydrated, balanced and nourished, before bespoke facial massage smooths and boosts circulation, leaving skin radiantly revived and protected.

BESPOKE FACIAL BY NATURA BISSÉ

80/50 Minutes

\$250/\$185

Let us design a bespoke facial with your skin concerns in mind. Our estheticians choose from scientifically advanced collections, cutting edge products and applied techniques to address your skin's specific needs. Through deep exfoliation and an infusion of results driven ingredients your skin is left balanced and radiant.

O2 AWAKENING FACIAL BY NATURA BISSÉ

80/50 Minutes

\$260/\$190

Infuse every pore with our light-as-air formula that penetrates the skin and releases pure o2xygen molecules into the epidermal layer to re-energize natural cellular functions and eliminate toxins. This facial treatment will target skin congested from daily exposure to toxins and pollutants. A deep o2xygenating and breathing massage further cleanses the body and mind.

C+C VITAMIN FACIAL BY NATURA BISSÉ

80/50 Minutes

\$260/\$190

This exquisite protocol awakens your senses, infusing skin with all of the energy in Vitamin C. Anti-oxidant action repairs even the most mistreated skin, unveiling a completely hydrated, revitalized complexion that showcases your radiant face.

DIAMOND BRIGHTENING FACIAL BY NATURA BISSÉ

80/50 Minutes

\$270/\$195

Reveal a brighter complexion with this revolutionary facial treatment that provides results for hyper-pigmented skin. High concentrations of effective whitening and lightening active ingredients deeply renew the skin, even skin tone, prevent the formation of pigmentation and minimizes pores to unveil a luminous complexion without imperfections.

AGE-DEFYER FACIAL BY ESPA

80/50 Minutes

\$270/\$195

Visibly diminish the appearance of wrinkles and fine lines with this intensely rejuvenating facial. The age-defying solution for mature or prematurely-aging skin, it combines advanced skin analysis, a deep triple cleanse and exfoliation, powerful active formulas and youth-boosting facial massage. Skin is instantly refined and firmed, facial contours are better defined and your complexion is supple, soft and radiates a renewed glow.

HYDRAFACIAL

80/50 Minutes

\$350/\$225

Non-laser skin resurfacing to remove dead skin cells and extract impurities while cleansing, hydrating and moisturizing. Take results to the next level with the addition of lymphatic drainage, soothing mask and scalp massage in the 80 minute treatments to provide instant results for all skin types with no downtime.

MEN'S REVIVING FACIAL BY ESPA

80/50 Minutes

\$250/\$185

Ideal 'the morning after the night before', this fast-acting facial treatment deeply cleanses and stimulates the complexion by removing dull, dead cells and boosting cell regeneration, while personalized massage with cool Rose Quartz Crystals leaves skin toned, supple and energized.

BODY TREATMENTS

BACARA BODY MELT BY ESPA

110 Minutes

\$395

Be enveloped from head to toe in total relaxation, feel tension unravel and deeply nourish your skin. Succumb to our most luxurious body-mind ritual and reveal the benefits of body exfoliation and a results-focused wrap, soothing aromatherapy massage and reviving scalp massage.

TOTAL DETOX BODY RITUAL BY ESPA

110 Minutes

\$395

Feel thoroughly purified and re-energized as a powerful cleansing body wrap effectively eliminates toxins while advanced massage stimulates circulation and digestion. Featuring a specialized massage and a specially formulated product selection, fluid retention and bloating are reduced, lymphatic drainage is encouraged and cellulite is diminished. An intensely revitalizing treatment for sluggish systems and the ultimate kick-start to any detox program or new health regime.

MINERALIZING MARINE MASK BY ESPA

50 Minutes

\$185

Purify the body and deeply nourish the skin with this instantly effective body wrap of hydrating marine mud or detoxifying algae combined with essential oils that rejuvenate the skin followed by a therapeutic scalp massage to unwind a busy mind.

DIAMOND ROSE EXPERIENCE BY NATURA BISSÉ

80/50 Minutes

\$295/\$195

Take a journey through an unprecedented sensory experience. Enjoy a smoothing and nourishing exfoliation followed by a regenerating massage with the exquisite absolute Damask rose oil that will transport you to a complete state of relaxation and well-being.

RADIANT RENEWAL

50 Minutes

\$185

Buff and polish skin to radiant perfection. Polish and smooth dry skin with a thorough body exfoliation with a scrub of your choice followed by a warm Swiss shower to reveal re-energized skin rehydrated by a decadent application of nourishing moisturizer.

O₂ BODY PERFECTION BY NATURA BISSÉ

50 Minutes

\$185

A relaxing, oxygenating body treatment rich in macronutrients to provide an intensely nourishing, firming and rejuvenating effect. The antioxidant, purifying ingredients eliminate stored toxins, protect skin from severe dryness and prevent premature aging, leaving you with exceptionally soft, bright skin.

CITRUS DRENCH BY NATURA BISSÉ

50 Minutes

\$185

Drench your skin with energizing nutrients. An ideal body treatment for skin that has been damaged by the sun or free radicals in our environment. This body wrap restores elasticity to the skin and provides an intense, deep hydration. Natural ingredients, shea butter and absorbic acids and orange juice protect the skin from dryness and premature aging, providing rejuvenating, antioxidant and firming results from the very first session.

BACARA ROOFTOP MUD BAR

50 Minutes

\$120 per person

Our rooftop Mud Bar is an experience all on its own. A self-applied body mud helps detox, lift water retention and infuse the skin with antioxidants and minerals. Complete the experience with a soothing shower exfoliation. Designed to be shared with friends and loved ones while taking in the ocean views from the Spa rooftop. Offered seasonally for parties of two or more.

MASSAGES

THE COLLECTION MESSAGE BY ESPA

80/50 Minutes

\$285/\$215

Quieten your mind, release physical tension and nourish your skin with this bespoke aromatherapy treatment. Bringing mind and body back to equilibrium, advanced massage alleviates tired muscles while a carefully selected blend of aromatherapy oils luxuriously relax, detox or energize your whole system. Tailored to your individual needs, it's the ultimate restorative experience for anyone experiencing physical or emotional stress, low energy or insomnia.

CLASSIC MESSAGE BY ESPA

80/50 Minutes

\$250/\$180

Revive your body as stress and tension are released with this intensive and restorative treatment. Fast-paced and firm Swedish massage techniques boost circulation, relieving tightness and strain and alleviating persistent aches and pains. You'll emerge feeling lighter-limbed and re-energized.

DEEP MUSCLE MESSAGE BY ESPA

80/50 Minutes

\$250/\$180

Let go of deep tension, ease sore muscles and restore body and mind. Powerful, specialized massage techniques target areas most in need of attention—relaxing and releasing a stiff neck, aching lower back or tight shoulders.

ARNICA INFUSION MESSAGE

80/50 Minutes

\$285/\$215

Focus on muscle and joint pain with a variety of massage techniques that span the globe. Principles of Swedish, Shiatsu, and Thai massage are expertly combined with an anti-inflammatory Arnica gel, and other cooling oil extracts to target muscle pain and joint stiffness. This treatment is adapted to specific body types and ailments to achieve the ultimate massage experience.

HERBAL BOLUS BODY RITUAL

80 Minutes

\$285

Using locally-crafted herbal boluses filled with organic herbs and salts, this treatment soothes muscles and joints to open the flow of energy, creating a healthier mind-body connection.

PACIFIC BREEZE ROOFTOP MESSAGE

80/50 Minutes

\$305/\$220

Enhance your spa experience in the natural surroundings of our open-air Rooftop Terrace. Enjoy cool ocean breezes with your choice of The Collection Massage, Classic Massage, or Deep Muscle Massage with a stunning ocean view and glass of sparkling wine or sparkling cider (weather permitting, advanced reservations required).

PRE-NATAL MASSAGE BY ESPA

80/50 Minutes

\$250/\$180

Support your changing body with a soothing yet highly efficacious treatment that delivers total relaxation while helping to smooth and even skin tone. Highly-tailored to your needs – from lower back pain and swollen ankles to general ‘heaviness’ and tension – your expert therapist carefully targets areas of discomfort and aching muscles. Pure and safe active formulas bring nourishing comfort, boosting skin’s natural elasticity, leaving it soft, smooth and glowing. Emerge feeling physically and mentally revitalized. Suitable from the second pregnancy trimester and after birth or surgery.

DUET MASSAGE

80/50 Minutes

Enjoy a side-by-side treatment in one of our couple’s rooms. Choose from any of our massage offerings and spend some quality time with the one you love.

PACKAGES

THE BACARA JOURNEY BY ESPA

160 Minutes

\$525

Our most decadent experience featuring our Signature Bacara Body Melt and Age-Defyer Facial leaves skin beautifully radiant head to toe while restoring body and mind.

TAILOR MADE BY ESPA

100 Minutes

\$325

Enjoy our most popular journey, The Collection Facial (50 minutes) and Classic Massage (50 minutes.)

SHINE BRIGHT

100 Minutes

\$350

The perfect beginning to your celebration! Enjoy a Diamond Brightening Facial and Diamond Rose Body Experience to reveal your most luminous self.

SIDE BY SIDE

100 Minutes

Spend some quality time with the one you love most with a Duet Massage (50 minutes) Couples’ Room and The Collection Facial (50 minutes.)

SALON

HAIR CARE

Custom Style	starting at \$95
Cut & Style	starting at \$110
Men’s Haircut	\$75
Shampoo & Blow Dry	starting at \$75

NAIL CARE

Manicure	\$55
Pedicure	\$85
Manicure & Pedicure	\$125
Shellac Manicure	\$75
Shellac Pedicure	\$110
Add Paraffin to Hands or Feet	\$35

MAKE-UP

Make-up Application	\$130
---------------------	-------

WAXING

Full Leg	\$90
Full Face	\$85
Half Leg or Arm	\$65
Chest or Back	from \$75 per area
Bikini	\$65
Underarm	\$45
Lip, Chin, or Brow	\$35

SPA GUIDELINES

HOURS

The Spa at Bacara is open daily from 8 a.m. to 8 p.m.

The Fitness Center is open from 6 a.m. to 8 p.m.

ARRIVAL TIME

We suggest you arrive 30 minutes prior to your scheduled treatment.

Each service will start and end according to the time reserved.

To accommodate all our guests as scheduled, late spa arrivals will receive the balance remaining in treatment time.

CANCELLATION

We require a 24-hour notice to change or cancel spa appointments.

No show or cancellations within 24-hours will result in a full service charge.

SPA BOUTIQUE

Visit the Spa Boutique for professional skincare and body products as well as designer swimwear, fitness apparel, spa accessories and gift cards.

RESERVATIONS

877.935.8415

thespa@bacararesort.com

www.SpaAtBacara.com

BACARA

RESORT & SPA®

MERITAGE COLLECTION™

8301 Hollister Avenue, Santa Barbara, CA 93117 | BacaraResort.com