

MASSAGE



OCEANSIDE MESSAGE –50 Min & 80 Min

Ocean waves, gentle breezes and swaying palm trees join you for an unforgettable seaside massage. Choose from the Signature Adventure Lovers Massage, Hawaiian Lomi Lomi, Relaxing Swedish, Deep Therapy, or Neck, Back & Shoulders. Per Hawaiian healing tradition, follow your massage with a swim in the ocean for the added therapeutic benefits of saltwater.

SIGNATURE ADVENTURE LOVERS MASSAGE –50 Min & 80 Min

Ko'a Kea's signature massage was created with the island adventurer in mind. Using therapeutic topical ointments, a custom massage provides quick, effective relief of body aches or sunburn. If your ventures involved hiking or biking, we'll focus on the lower body's feet, legs, quads, hamstrings, glutes and hips. If kayaking or golf was your activity, you'll receive upper body relief on the neck, shoulders, arms and back. Had a variety of adventures? Expert therapists will tailor the experience to your needs and leave you ready for another day of exploring.

HAWAIIAN LOMI LOMI –50 Min & 80 Min

Hawaii's traditional healing massage uses a combination of long rhythmic strokes and forearm pressure. This ancient practice is celebrated for its gentle, flowing and loving touch, together with pressure point compressions that increase circulation and stimulate cellular healing.

RELAXING SWEDISH –50 Min & 80 Min

This classic massage uses long and gentle strokes to ease tension and tired muscles. Light to medium pressure promotes relaxation and stress relief. Perfect for jet lag, as a first time massage or to encourage restful sleep.

DEEP THERAPY –50 Min & 80 Min

For those who prefer deep and more direct pressure to relieve chronic pain and limited range of motion, this massage therapy combines a variety of techniques utilizing the advanced training methods of our skilled therapists. Combined modalities may include deep tissue, accupressure, sports therapy, trigger point release and stretching. Therapeutic topical ointments may be used to enhance results.

NECK, BACK & SHOULDERS –50 Min & 80 Min

Focusing on the areas where most people hold tension, this massage is designed to relieve sore and tight muscles in the upper body.

POHAKU HOT STONES –80 Min

Smooth heated stones are used with warm tropical nut oils to soothe muscles. The warmth from the stones helps to melt knots and is used to increase circulation while gently encouraging relaxation and well-being.

HAPAI (PREGNANCY) –50 Min

During pregnancy, a woman's body goes through a myriad of changes. Pregnancy massage focuses on special needs as the body transforms itself in preparation for childbirth. Focusing on areas of stress - lower back, neck, hips, legs and feet - much needed relaxation and physical relief is given to nurture both mother and baby.

BODY TREATMENTS

IN-SUITE BATHS – 25 Min

Water therapies have long played an important part in Hawaiian healing practices. Relax with an in-room bathing experience full of natural indigenous ingredients including cleansing awapuhi root and moisturizing kukui and coconut oils. Infused with the intoxicating aroma of flower hydrosols, this luxurious bath moisturizes while cleansing. A sprinkling of Hawaiian salt and clay adds a traditional therapeutic benefit to the water. Choose from a coconut vanilla, pikake (jasmine), or plumeria scent.

HAWAIIAN HONEYMOON RITUAL – 80 Min

Celebrate your new beginning together with a renewing and romantic ritual including a side-by-side massage with luxurious body creme, an exfoliating hand and foot polish, and warm scalp treatment in the intimate couples' treatment suite.

SIGNATURE ALOHA 'AINA RITUAL – 80 Min

Experience the love of the 'aina (land) with ingredients found on Kauai. A dry brush exfoliation increases circulation and provides lymphatic detoxification. Clay infused with aloe and coconut oil makes for a soothing body wrap and is followed by a gentle scalp massage. The body ritual also includes a cleansing with rich coconut lather and a coconut vanilla body creme massage to lull you into deep relaxation.

KO'A KEA RENEWAL – 80 Min

For centuries, Hawaiians have enjoyed this cleansing and moisturizing ritual. Sugar is infused with essential oils to perfectly polish the skin. The ritual continues with a delicately scented Hawaiian botanical body massage, relaxing body wrap, plus face and scalp massage.

AWAKENING KAUAI COFFEE & SUGAR RITUAL – 80 Min

The rich and aromatic blend of Kauai coffee and pure essential oils will stir your senses. The Awakening Ritual begins with a body exfoliation of coffee, sugar, oil and tropical body butter. A full body massage follows, leaving skin soft, smooth and moisturized.

SUN KISSED RESCUE WRAP – 50 Min

Too much sun? A traditional skin healing blend of aloe vera, lavender oil and vitamin E provides a super charged infusion of nutrients to sun-kissed skin. Face and body are treated to soothing relief, cool towels and a comforting wrap. Includes a scalp massage and revitalizing oil treatment to nourish sun and wind-swept hair.

REVITALIZING HOT OIL HAIR & SCALP TREATMENT – 50 Min

Sun, salt water, and wind-blown adventures can leave hair craving attention. Warmed exotic oils are drizzled onto the hair and scalp, and a luxurious scalp massage provides deep relaxation while the oil rejuvenates hair with healthy nourishment. Hair is then wrapped in a warmed towel for maximum benefit. A neck and shoulder massage is the perfect ending to this revitalizing treatment.

WAXING

Keep skin stripped and smooth for your days on the sand or by the pool. Warm wax is used for effective hair removal in the eyebrow, lip, chin, underarm, arm, leg, bikini, back, and chest areas.

FACIALS

SIGNATURE AROMA TRANSFORMATION FACIAL –80 Min

Ancient healing traditions meet proven modern therapies in this highly personalized facial which unites five effective treatments in one. Enjoy a deep cleansing enzyme treatment, aromatherapy chosen specifically for your mood and complexion, a relaxing acupressure point massage, renewal hand treatment, and repairing eye contour treatment. This comprehensive facial experience promises relaxation with meaningful results.

ANTI-AGING FACIAL –80 Min

Reveal youthful skin with this superior clinical peel. The proven exfoliating effects of lactic acid erases premature signs of aging while the exclusive antioxidant idebenone eliminates the irritation associated with serious treatments. A refreshing eye contour treatment, renewal hand treatment, and neck and shoulder massage deliver lavish attention in all the right places.

THERAPEUTIC FACIAL –50 Min & 80 Min

Troubled skin gets a new start. This facial is designed to calm and restore inflamed, irritated, and acne prone skin, revealing a clear complexion without foregoing the use of luscious products. Classic cleansing methods are incorporated with anti-bacterial products and active therapy ingredients.

SUN COMFORT FACIAL –50 Min

Sun-touched faces take comfort in this cooling facial designed to calm burned and uncomfortable skin. After gentle cleansing, experience a nurturing botanical mask coupled with renewing eye and hand treatments, followed by a gentle neck, shoulder and scalp massage. For comfort, steam and extractions are not part of this soothing facial.

PERSONALIZED FACIAL – 50 Min

Can't decide which facial to choose? Delight in this revitalizing facial that is personalized with your individual skin concerns in mind. Using in-depth analysis and classic European techniques, our expert aestheticians create the perfect customized treatment just for you to restore, balance, comfort or purify your skin.

BACK FACIAL – 50 Min

Tropical island weather allows for baring backs year round. Give this often neglected, hard to reach area the care it deserves. This wonderfully relaxing treatment uses powerful antioxidant rich products to cleanse and purify. A gentle cleanse and steam, exfoliation, extractions if needed, purifying mask and luxurious massage restore skin to a soft, smooth, clearer condition.

PRICING



MASSAGE

OCEANSIDE MASSAGE	50 Min	Add \$30
	80 Min	Add \$30
SIGNATURE ADVENTURE LOVERS MASSAGE	50 Min	\$150
	80 Min	\$220
HAWAIIAN LOMI LOMI	50 Min	\$135
	80 Min	\$205
RELAXING SWEDISH	50 Min	\$135
	80 Min	\$205
DEEP THERAPY	50 Min	\$150
	80 Min	\$220
NECK, BACK & SHOULDERS	50 Min	\$135
	80 Min	\$205
POHAKU HOT STONES	80 Min	\$195
HAPAI (PREGNANCY)	50 Min	\$135
MASSAGE DUET	50 Min	\$270
	80 Min	\$390

BODY TREATMENTS

IN-SUITE BATHS	25 Min	\$80
HAWAIIAN HONEYMOON RITUAL	80 Min	\$360
SIGNATURE ALOHA 'AINA RITUAL	80 Min	\$185
KO'A KEA RENEWAL	80 Min	\$185
AWAKENING KAUAI COFFEE & SUGAR RITUAL	80 Min	\$185
SUN KISSED RESCUE WRAP	50 Min	\$105
REVITALIZING HOT OIL HAIR & SCALP TREATMENT	50 Min	\$120

CONTINUED ON REVERSE

FACIALS

SIGNATURE AROMA TRANSFORMATION FACIAL	80 Min	\$205
ANTI-AGING FACIAL	80 Min	\$205
THERAPEUTIC FACIAL	50 Min	\$135
	80 Min	\$205
SUN COMFORT FACIAL	50 Min	\$135
PERSONALIZED FACIAL	50 Min	\$135
BACK FACIAL	50 Min	\$135

WAXING SERVICES

Eyebrows		\$40
Upper Lip or Chin		\$30
Underarms		\$45
Arms		\$60
Half Legs		\$75
Full Legs		\$105
Bikini		\$70
Back		\$105
Chest		\$105