



# OPEN AIR TREATMENTS

## ENHANCED BY THE OUTDOORS

### **Deep Tissue Massage** 50 Min 179.00

Alleviate deep-seated tension and muscular stress with this powerful massage.

Specialized techniques help re-align the deeper layers of your muscles to release tightness and alleviate common areas of discomfort such as a stiff neck, a painful lower back and sore or tense shoulders.

### **Collection Massage** 50 min 179.00

Choose one of our four custom blends of aromatherapy oils as your therapist helps to ensure you get the most out of this personalized massage with a meld of therapeutic techniques perfectly tailored to your body.

### **Baby on Board** 50 min 179.00

Nourish your skin and calm your mind with this soothing and deeply nurturing treatment. Focused entirely on your personal needs, a gentle yet effective exfoliation of your back is followed by a comforting body massage to safely target areas prone to stress and tension during or after pregnancy to alleviate muscular aches and pains, leaving you feeling relaxed and revitalized. A course of 6 treatments is recommended following the first trimester of pregnancy.

### **Mineral Remedy** 50 min 179.00

This nourishing and remineralizing massage delivers the power of healing magnesium or CBD oil to promote detoxification and replenish commonly deficient levels to promoting healthy energy levels, sleep, muscle function and overall well-being.

### **Sea Stone Massage** 50 min 179.00

Relieve deep muscle tension and body aches with this therapeutic massage. Allow this personalized combination of oils, heated stones and targeted massage techniques to deeply penetrate muscles to soothe away aches and pains.

### **Swedish Massage** 50 min 179.00

Drift away and enjoy this comforting massage. This traditional light to medium pressure massage will leave you feeling stress-free, relaxed and ready to get lost into the blue.

Please note that we recommend arriving 10 minutes in advance to enjoy our relaxation amenities. For your convenience, a recommended 20% service fee will be added to your treatment at the time of checkout.

We will defer and comply with any all state and federal government directives related to guest and employee partner protective wear, proper social distancing, approved occupancy numbers by space, and proper sanitation processes. Currently all treatments will be offered an an open air, outdoor experience.





# BOUTIQUE SKIN CARE & WELLNESS

## UNMASKING DIY 101

### FACIAL CLASS

The mask zone has replaced the T-Zone as our number one skin concern. Our expert team will take you through a step by step 30 demonstration designed to address key skin care needs. Contact the spa to reserve.

## PROFESSIONAL SKIN CARE CONSULTATION

Results driven products coupled with professional advice will help jump start the skin care routine you've been waiting all quarantine to start. Book a 15-minute consultation today.

## POP UP RETAIL BOUTIQUE RETAIL

Featuring must have staples from Lululemon, Beyond Yoga, Athena Designs, Skeem and more. Available daily in the Spa

TREAT THE ONES YOU  
LOVE. SPA GIFT  
CERTIFICATES AVAILABLE

Please inquire with the Spa team  
for details



## SEASIDE YOGA

### A DOSE OF VITAMIN SEA

When is the last time you allowed yourself to truly detach and let go of all your worries and stress? Breathe, stretch, and flow with us as you're guided into a series of postures aimed at stretching, lengthening, strengthening and complete relaxation.

## POWER PIER WALK

Experience the town like a local as we rise and shine and kick start the day! Take an invigorating power walk in the morning beach air to the historical Huntington Beach pier. Check out the world-famous surf culture as we take our stroll all the way to the end of the pier as the waves tumble and crash beneath us. Complete your walk with a guided stretch, the perfect way to start your day!

## LIFT & STRETCH

### SELF-GUIDED WORKOUTS

Kettlebells, Free Weights, Jump Ropes, Stretch Bands and Bosu Balls available for self-guided outdoor workouts on our Ocean Lawn.