



## BODY TREATMENTS

### **Revitalizing Salt Scrub** 50 Min 179.00

To begin, earthly minerals are combined with an essential oil blend of healing properties in an invigorating full body exfoliation. Following is a light effleurage oil rehydration of the skin.

### **Deep Tissue Massage** 50 Min 179.00

Alleviate deep-seated tension and muscular stress with this powerful massage. Specialized techniques help re-align the deeper layers of your muscles to release tightness and alleviate common areas of discomfort such as a stiff neck, a painful lower back and sore or tense shoulders.

### **Collection Massage** 50 min 179.00

Choose one of our four custom blends of aromatherapy oils as your therapist helps to ensure you get the most out of this personalized massage with a meld of therapeutic techniques perfectly tailored to your body.

### **Baby on Board** 50 min 179.00

Nourish your skin and calm your mind with this soothing and deeply nurturing treatment. Focused entirely on your personal needs, a gentle yet effective exfoliation of your back is followed by a comforting body massage to safely target areas prone to stress and tension during or after pregnancy to alleviate muscular aches and pains, leaving you feeling relaxed and revitalized. A course of 6 treatments is recommended following the first trimester of pregnancy.

### **Mineral Remedy** 50 min 179.00

This nourishing and remineralizing massage delivers the power of healing magnesium or CBD oil to promote detoxification and replenish commonly deficient levels to promoting healthy energy levels, sleep, muscle function and overall well-being.

### **Sea Stone Massage** 50 min 179.00

Relieve deep muscle tension and body aches with this therapeutic massage. Allow this personalized combination of oils, heated stones and targeted massage techniques to deeply penetrate muscles to soothe away aches and pains.

### **Swedish Massage** 50 min 159.00

Drift away and enjoy this comforting massage. This traditional light to medium pressure massage will leave you feeling stress-free, relaxed and ready to get lost into the blue.

Please note that we recommend arriving 10 minutes in advance to enjoy our relaxation amenities. For your convenience, a recommended 22% service fee will be added to your treatment at the time of checkout.

We will defer and comply with any and all state and federal government directives related to guest and employee partner protective wear, all directives for proper social distancing, approved occupancy numbers by space, and proper sanitation processes.





## SKIN CARE

### **Gentleman's Facial** 50 min 179.00

A deep-cleansing, therapeutic Facial designed for a man's specific skin care needs. Includes a muscle-easing massage and purifying masque specially addressing sensitivity and razor burn.

### **Advanced Repair Facial** 50 min 179.00

This customized, result-oriented treatment targets specific concerns including hyper-pigmentation, congestion, sensitivity, fine lines and premature aging.

### **Signature Facial** 50 min 179.00

Visibly lift, firm, and improve texture clarity and tone utilizing protein enzymes to brighten your skin's appearance

### **Marine Anti-Aging Facial** 50 min 219.00

The ultimate ageless treatment for the face, hands and décolleté. Refines, lifts, firms and nourishes the skin with protein-rich caviar and powerful antioxidants dramatically improves skin texture and moisture. Results are immediate, creating a healthy luminescent complexion.

### **BIOEFFECT® Advanced EGF Skin Imprinting Facial Treatment**

50 min 219.00

This is the first facial treatment of its kind to incorporate bio-identical cellular activators produced in a plant.

BIOEFFECT® skin care products contain Nobel Prize winning EGF (Epidermal Growth Factor), which are a natural and important part of the communication network within our skin. The treatment's objective is to deliver the EGF signal to target cells (known as "imprinting") in the skin which are able improve the skin's thickness, density, texture and firmness. Incorporating many traditional Icelandic elements & the clinically proven EGF technology, the treatment provides immediate results on the skin, and can be enhanced dramatically by using BIOEFFECT® products.

PAMPER THE ONES YOU  
LOVE. SPA GIFT  
CERTIFICATES AVAILABLE

Please inquire with your spa host for  
details

