

### **BODY TREATMENTS**

### Deep Tissue Massage

50 Min 179.00/100 Min \$358.00
Alleviate deep-seated tension and muscular stress with this powerful massage.
Specialized techniques help re-align the deeper layers of your muscles to release tightness and alleviate common areas of discomfort such as a stiff neck, a painful lower back and sore or tense shoulders.

### Collection Massage

50 Min 179.00/100 Min \$358.00
Choose one of our four custom blends of aromatherapy oils as your therapist helps to ensure you get the most out of this personalized massage with a meld of therapeutic techniques perfectly tailored to your body.

### Baby on Board 50 min 179.00

Nourish your skin and calm your mind with this soothing and deeply nurturing treatment. Focused entirely on your personal needs, a gentle yet effective exfoliation of your back is followed by a comforting body massage to safely target areas prone to stress and tension during or after pregnancy to alleviate muscular aches and pains, leaving you feeling relaxed and revitalized. A course of 6 treatments is recommended following the first trimester of pregnancy.

### Mineral Remedy

50 Min 179.00/100 Min \$358.00 This treatment features magnesium or CBD oil to promote detoxification and replenish commonly deficient levels to promoting healthy energy levels, sleep, muscle function and overall well-being.

### Sea Stone Massage

50 Min 179.00/100 Min \$358.00
Relieve deep muscle tension
and body aches with this therapeutic
massage. Allow this personalized
combination of oils, heated stones and
targeted massage techniques to deeply
penetrate muscles to soothe away aches.

### Swedish Massage

50 Min 179.00/100 Min \$358.00

Drift away and enjoy this comforting massage. This traditional light to medium pressure massage will leave you feeling stress-free, relaxed and ready to get lost into the blue.

Please arrive 5-10 minutes in advance of you treatment for a wellness check-in. You will change in your treatment space. For your convenience, a recommended 20% service fee will be added to your treatment at the time of checkout.

We will defer and comply with any and all state and federal government directives related to guest and employee partner protective wear, all directives for proper social distancing, approved occupancy numbers by space, and proper sanitation processes.



## SKIN CARE

#### Gentleman's Facial

50 Min 179.00/100 Min \$358.00
A deep-cleansing, therapeutic Facial designed for a man's specific skin care needs. Includes a muscle-easing massage and purifying masque specially addressing sensitivity and razor burn.

### **Advanced Repair Facial**

50 Min 179.00/100 Min \$358.00 This customized, result-oriented treatment targets specific concerns including hyper-pigmentation, congestion, sensitivity, fine lines and premature aging.

### Signature Facial

50 Min 179.00/100 Min \$358.00 Visibly lift, firm, and improve texture clarity and tone utilizing protein enzymes to brighten your skin's appearance

### PAMPER THE ONES YOU LOVE. SPA GIFT CERTIFICATES AVAILBLE

Please inquire with your spa host for details



### Marine Anti-Aging Facial

50 Min 179.00/100 Min \$358.00
The ultimate ageless treatment for the face, hands and décolleté. Refines, lifts, firms and nourishes the skin with protein-rich caviar and powerful antioxidants dramatically improves skin texture and moisture. Results are immediate, creating a healthy luminescent complexion.

# BIOEFFECT® Advanced EGF Skin Imprinting Facial Treatment

50 Min 179.00/100 Min \$358.00 This is the first facial treatment of its kind to incorporate bio-identical cellular activators produced in a plant. BIOEFFECT® skin care products contain Nobel Prize winning EGF (Epidermal Growth Factor), which are a natural and important part of the communication network within our skin. The treatment's objective is to deliver the EGF signal to target cells (known as "imprinting") in the skin which are able improve the skin's thickness, density, texture and firmness. Incorporating many traditional Icelandic elements & the clinically proven EGF technology, the treatment provides immediate results on the skin, and can be enhanced dramatically by using BIOEFFECT® products.